Hanley Castle High School curriculum outline for parents: Food & Nutrition

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		Autumn Term	Spring Term	Summer Term
Year	Topic Big question / Overview	Introduction to Food Health & Safety. How to work safely and hygienically in a kitchen environment Knife Safety How to handle hazardous equipment and minimise risk in the food room. Food commodities Where dairy products and cereal products come	Spring Term Food science How heat is transferred, methods of cooking food Types of ingredients used commonly in baking and their functions	Summer Term
		from. Some basic food processing. Introduction to fruits and vegetables. Assessing risk Preventing risk when using heat Practical Skills	Practical skills	
7	Disciplinary knowledge/skills	Hygiene preparation Safe use of knives Safe use of oven/grill/hob	Selecting appropriate cooking method for the dish Preparing Combining Shaping Use of equipment Making a dough	
	New vocabulary	Hazard Processing Harvesting Milling Pasteurising Pre-heating Eatwell Guide Sensory Analysis	Conduction Convection Radiation Raising agent	
	Links to	DT	DT Science	